

Dr ELENI P. ANDREOU B.Sc (Hons), CPD, DProf., RD,LD
Registered Clinical Dietitian, Nutritionist
(Active CyDA, ADA, AODA Member)
48 Themistokli Dervi Str., Off. 207
Athienitis Centennial Bldg, 1066 Nicosia-Cyprus
Tel. Of. 22452288/9 - Fax: 22452292
E-mail: aeleni@spidernet.com.cy



Δρ ΕΛΕΝΗ Π. ΑΝΔΡΕΟΥ, B.Sc (Hons), CPD, DProf., RD,LD
Εγγεγραμμένη Κλινική Διαιτολόγος, Διατροφολόγος
(Ενεργό Μέλος Σν.Δι.Κυ, ADA, AODA)
Θεμιστοκλή Δέρβη 48, Athienitis Centennial Bldg, Γρ. 207
1066 Λευκωσία - Κύπρος
Τηλ. Γρ. 22-452288/9 - Φαξ: 22-452292
E-mail: aeleni@spidernet.com.cy

Dr Eleni Andreou is a Clinical Dietitian and Assistant Professor at the University of Nicosia/Intercollege. Academic Background: She possesses a B.Sc. (Summa Cum Laude) from Youngstown State University, USA, in the Dietetics (Food and Nutrition/Dietetic)(1990). She continued the biennial academician and practicum (postgraduate level) in the Clinical Dietetics (including Administrative and Community) at the same university and in Southside & Northside Memorial Hospital in the Ohio. She was granted the title of RD by the Commission on Dietetic Registration of USA upon the completion of the qualification exams(1992). She received her Doctorate in Professional Studies from Middlesex University with the title Clinical Dietetics, Nutrition Sciences and Health Education with the area of interest in Behavioural Modification. Today, she practises the profession as private clinical dietitian and coordinates and teaches at University of Nicosia/Intercollege the programmes of Dietetics and Nutrition as Assistant Professor. Also, she is a researcher in her field and collaborates with medical centres, consults companies in Food and Pharmaceutical Industry, and she is the Scientific Advisor and member of other Health Associations (as Cyprus Association for Cancer Patients and Friends, Cyprus Diabetes Association and Cyprus Heart Association) . Some of the books she authored:

- “Healthy Recipes and Principles of Good Nutrition”, (1996) ISBN: 9963-8194-0-0.
- “ Nutrition and Cancer: Nutrition Guidelines for patients, family and nutrition awareness”, (2007), ISBN 978-9963-9370-0-4 (Co –Author)
- Educational children book “The good and Healthy Nutrition for Kids” (2002), ISBN 9963-9008-0-1
- “Diabetic Exchanges Booklet” (adjusted to Cypriot foods). The booklet was published by the Cyprus Ministry of Health in 1999 and reprinted twice since then.
- “A taste from around the world” (2006). American Overseas Dietetic Association (Co-Author)
- “Good Nutrition For Fitness and Exercise with emphasis to children and adolescents. (2008) Nicosia: Cyprialife, ISBN 978-9963-8446-1-6 (Co-Author)
- Eating Disorders- A contemporary Issue. (2010). Nicosia: MAZI, ISBN 978-9963-9779-0-1
- “Protocol and Guidelines for the professional users for weight management for adults: assessment, categorization, therapy/follow up of overweight and obesity”, (335 pages) as part of the DProf final deliverables and presented during the viva (31/3/2011).
- “Nutrition and Cancer: Nutrition Guidelines”, 2nd edition, (2012), ISBN 978-9963-9370-1-1 (Co-Author)
- “Detoxification now – the absolute nutrition book”, (2012). Library publications
- “Morbid obesity- Bariatric Surgery and Nutrition Intervention”, (2013). Nicosia, ISBN 978-9963-9876-1-0 (Co-Author)
- Practical guide for a varied diet modern office, Varagiannis P, Papalazarou A, Andreou E, Philippou C, (2013), MedNutrition Services Limited, ISBN:978-9963-9871-6-0 (Co-Author)

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- Detoxification now- specialized diets and health nutrition, (2014), Library publication(Co-Author)
- Antioxidants in Health and Disease, (2015), Taylor & Francis Group, LCC, ISBN-13: 978-1-4665-8011-4 (eBook) (Co-Author)

She has publications in scientific journals and writes articles in weekly magazine and newspapers. She is the president of the Cyprus Dietetic and Nutrition Association and vice-president of the Cyprus Council of Registration of Scientists of/Technologist of Foods and Dietitians. She is the president of the scientific team Cyprus Societic of Clinical Nutrition and Metabolism (CySPEN) and vice president of MAZI(institute of Eating Disorders and Obesity). She served as the President of American Overseas Dietetic Association (AODA) for the years 2005-2008. She is the representative of Cyprus in the International Confederation of Dietetic Association (ICDA) and European Federation of Associations of Dietitians (EFAD). She is active member of ADA and CDR. She was granted the award of the *Outstanding Dietitian of the Year* for 2007 by the American Overseas Dietetic Association and the American Academy of Nutrition and Dietetics.